



Group Analysis in Clinical Setting

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GA in Lithuania

- Self-reading group since 1989 (10 – 12)
 - First 2 trainees in Warsaw (1992 – 1995)
 - Training programme with Norwegian and Danish teachers in Vilnius 1995 – 2000
 - Continuation of GA training in Lithuania 2000 – till now
 - GA Training course in Tallinn 1998 – till now
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Vilnius Clinical Psychotherapy Center (VCPC)

- Existed 1989 – 2004
 - 3 departments from beginning:
 - Outpatient department
 - Day-care center
 - Inpatient department (closed 1993)
 - Day-care center on GA principles 1990 - 2000
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Day-care Center of VCPC

- Approximately 20 patients (± 4)
 - Staff:
 - 1 doctor
 - 2 psychologists
 - 2 nurses
 - temporarily 2 – 3 students
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Work of Day-care Center of VCPC (1)

- Small Groups – 3-4/week
- Therapeutic community meeting – 1/week
- Body therapy group – 1/week
- Relaxation group – 2/week
- “Movie therapy” – 1/week
- Lecture – 1/week
- Individual therapy (optional) – 1/week

Work of Day-care Center of VCPC (2)

- Diagnostics since the beginning based on DSM-III R
 - All activities based on analytic principles (1991 – 2000)
 - All decisions made in staff meetings (2/week)
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Analysis of the results

- 1081 cases of , kurie 1991-2002 metais gydėsi Vilniaus klinikinio psichoterapijos filialo (centro) dienos stacionare.
- Gydomo rezultataų vertinime pagal įrašą ligos istorijoje išrašymo momentu.
- Įvertinome kiekvieno faktoriaus struktūrą ir jo įtaką gydymo efektyvumui.
- Duomenis apdorojome naudodami statistinę programą “SPSS 10”.